

How To Prepare The Night Before Starting A New Job

Your first task as a new employee should be showing up to your new job early and ready for the day.

Pack the essentials

A perfectly packed work bag shows your new employer that you are prepared. Make sure you have a notebook (you'll be taking LOTS of notes as you become familiar with the company), a light snack in case you get those 3 pm hunger pangs (granola bars are a working girl's best friend), and something personal to make your workspace feel a little bit more like home.

Map your route

Your first task as a new employee is showing up to your new job early and ready for the day. Plan your route out ahead of time to see how long it will take you to get there, then budget in an extra 15 minutes for traffic, subway delays, and other emergencies. While you're at it, fill your car up with gas and load some extra money on your Metropass.

Review your onboarding paperwork

Chances are you received a stack of documents after accepting your new position. You may have reviewed your benefits and happily signed, but it's a good idea to review these one more time before your first day. Do they mention bringing your laptop on the first day? Did your boss make a reservation to take you out for lunch? Show your boss that you're on top of things right from the start.

Quickly Google your new company

You nailed the job interview and landed the gig, which means you probably did your research on your new company. Give your company a Google search to catch yourself up on any new updates so you'll be in-the-know around the water cooler from day one.

Practice some self-care

Tossing and turning in bed is the last thing you should be doing the night before starting your new job. You earned this and you're prepared for the day — take some time for you. Meet up with friends for dinner, read a chapter of a book, or soak in a bath.

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